



Natures calling? Let's go exploring!

Little explorers become Nature Detectives.

Spotting minibeasts, collecting leaves, and splashing in puddles as they discover the wonders of the great outdoors.



Always ensure your child is carefully supervised during physical activities

Explore the outdoors and spark curiosity with these sensory-rich, language-building adventures.

Tick the star when you've completed the activity.



Go on a Minibeast Hunt

- Use a magnifying glass to search for insects.
- Describe what you see using rich words like tiny, shiny, or wiggly.

Create a Nature Collage

- Collect leaves, twigs and flowers to make your collage.
- Talk about colours, textures and shapes.



Tree Rubbing

- Create a beautiful bark rubbing using crayons and paper.
- Talk about the patterns you make.

Go on a Sound Walk

- Pause to listen for birds, rustling leaves, or far-off traffic.
- Talk about the sounds together.



Make a Mini Garden in a pot or jar

- Plant seeds and water them.
- Check their growth everyday.

Did you know?

Spend as much time outside in with your child as possible; this benefits the visual system and respiratory system. Oxygen content outside is 20%, inside it is 11%.

