

HUNGRY TUMS

W/c 10th August	Main Meal	Vegetarian	Soup & Crusty roll	Dessert
Monday	Chicken, tomato + chickpeas with boiled rice	Quorn, tomato + chickpeas with boiled rice		Natural Yoghurt
Tuesday	Bubble crumb salmon with tomato pasta	Vegan fillet with tomato pasta	Pea + ham	Jelly
Wednesday	Chicken korma with boiled rice	Sweet potato + chickpea korma with boiled rice	Lentil	Natural Yoghurt
Thursday	Beef mince & vegetables in gravy with potato cubes	Chickpea & vegetables in gravy with potato cubes	Chicken noodle	Custard
Friday	Chicken + sweetcorn meatballs in passata with pasta	Plant based meatballs in passata with pasta	Cream of tomato	Carrot cake
Every Day	A brown malted grain bread sandwich with a cucumber pot accompaniment is available as an alternative to a hot lunch. (Fillings: Cheese, Ham & Tuna)			

W/c 17th August	Main Meal	Vegetarian	Soup & Crusty roll	Dessert
Monday	Chicken bolognese with pasta	Quorn bolognese with pasta		Custard
Tuesday	Mediterranean chicken with potato cubes	Mediterranean quorn with potato cubes	Vegetable broth	Jelly
Wednesday	Plant based meatballs in tomato passata with pasta		Lentil	Natural Yoghurt
Thursday	Bubble crumb fish, baked beans and wholemeal rolls	Meat free nuggets, baked beans and wholemeal rolls	Chicken + vegetable	Lemon sponge cake
Friday	Tomato and basil chicken with boiled rice	Tomato + basil quorn with boiled rice	Chicken broth	Natural Yoghurt

Hungry Tums
The Grange Catering Kitchen
1/2 Mayfield Place
Coatbridge
ML5 4SJ
01236 424509