

My Journey To School

This tracker helps your child prepare for school.



Speaking and Literacy

- I like to read stories and look at picture books
- I know how to handle and look after books
- I am able to talk about myself, my needs and feelings
- I am practising recognising my name when it is written down or printed

Listening and understanding

- I am able to sit still and listen for a short while
- I can follow instructions
- I understand the need to follow rules

Writing skills

- I like tracing patterns and colouring in
- I enjoy making marks
- I am practising holding a pencil

Sharing and turn taking

- I can share toys and take turns
- I like playing games with others
- I like interacting with other children

Going to the toilet

- I can go to the toilet on my own, wipe myself properly and flush
- I can wash and dry my hands without any help

Counting skills

- I enjoy practising counting objects
- I like saying number rhymes and playing counting games
- I can recognise some numbers when they are written down

Interest in the world and new activities

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions

Routines

- I eat a good breakfast so that I have the energy I need for the morning
- I have practised putting on my uniform and getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on a school day

Eating

- I can use a knife and fork
- I can carry my plate to the table
- I can pour water from a jug into a cup
- I can open my lunch box on my own
- I am confident at opening wrappers and packaging

Self-care

- I know when to wash my hands
- I can wipe my nose
- I can ask for help if I do not feel well

Getting dressed and undressed on my own

- I can button and unbutton my shirt and use a zip
- I can put my own shoes and socks on
- I can change into my PE kit
- I can place my uniform in a neat pile
- I can put my coat on

Independence

- I am happy to be away from my mummy, daddy or carer
- I am happy to tidy my belongings and look after my things
- I am feeling confident about starting school

Children are unique individuals and learn and develop at differing rates therefore they should not be expected to complete these tasks in a particular order. If you have any questions at all or would like some further ideas please speak to your child's Key Person.

