



# Teddy is at home

**This experience supports your child in understanding the need to stay at home as much as possible. Activities such as this one may encourage your child to talk about how they are feeling and any worries that they may have. It can also be adapted as lock down starts to lift to help you explain what is happening to your child.**

- Explain to your child that we all have to stay at home as much as we can at the moment because the virus is making people very poorly and staying at home is the best way to make sure we don't get poorly too
- Invite your child to choose one of their favourite toys, for example Teddy. Explain that Teddy will need to stay at home too and we could build him a special house to stay in. Encourage your child to think about what sort of house Teddy might like, for example a den that Teddy and your child could fit in together, a house made from bricks such as Duplo, or a house made from recyclable materials such as a cardboard box
- You might want to invite your child to draw out their design first before they start building. Support your child in creating their house. When it is ready, pop Teddy inside and talk about how he is keeping safe. As lock down starts to lift, why not make another place that Teddy can visit, for example a cardboard box nursery. This will help your child to understand the changes that are happening

## How does this help my child's development?

- This provides your child with a concrete experience that will help support their understanding of why we need to stay at home as much as possible
- Planning out a house for Teddy supports your child's creative and critical thinking skills and their developing fine motor skills
- Making sure Teddy's house is big enough for him to fit in will support your child's understanding of space

**Let's be safe, you and me.**



**STOP THE SPREAD  
OF CORONAVIRUS**