

Find the pants!

Encourage a positive approach to toilet training in this hide and seek experience.



What you will need

- Clean pairs of pants or knickers with different colours and patterns

Safety first

Ensure pants / knickers are hidden in places that are safe for children to find

How to carry out this experience

- Prior to the experience, hide pairs of clean pants / knickers around your garden
- Explain to your child that the wind has blown the washing off the line and you need their help to find all of their pants / knickers
- Encourage your child to help you and use positional language such as over, under, or on top of
- When the pants / knickers have been found, encourage your child to explore them. Which patterns can they see? Which colour do they like best? Which ones would they like to wear first when they start using the toilet instead of their nappy?
- Explain that when they learn to use the toilet they will be able to choose which pants / knickers they will wear!

How does this help my child's development?

- This experience builds up the excitement for your child about learning to use the toilet
- Looking at the differences between the pants will help their early understanding of mathematical concepts



Making *potty training* fun and easy for little ones!