

Wet or dry?

This water experience supports children with their understanding of communicating needs for the potty or toilet.



What you will need

- Small tray
- Water
- Sponges

Safety first

Ensure that any spilt water is mopped up so it does not cause a slipping hazard

How to carry out this experience

- Introduce the small tray of water to your child. Encourage them to put their fingers in the water and comment that it is wet. Introduce the sponges and encourage them to feel them, commenting that they are dry
- Invite your child to place the sponges in the water and comment that now the sponges are wet too
- Talk to your child about when they have a wet nappy, for example "When you do a wee in your nappy, it is wet. When we change you, your nappy is dry"
- As your child explores with the sponges and water, talk about using the potty to do a wee so that their nappy or pants are kept dry

How does this help my child's development?

- This experience supports your child's understanding of the concepts of 'wet' and 'dry'
- Reinforcing and supporting their vocabulary will help them to be able to communicate their need for going to the toilet



Making *potty training* fun and easy for little ones!